

PRECOR^{USA}

EFX[®]5.23

Elliptical Fitness CrossTrainer

Owner's Manual Addendum

This addendum accompanies your *Precor EFX[®]5.23 Owner's Manual*. It explains recent changes to the product that are not documented in the owner's manual.

Assembly Instructions

On page 13, Diagram 4 shows the unpacking and assembly of the front base tube. The instructions below the diagram, should read as follows:

4. **Remove the wood brace.** Diagram 4. Cut the tie wrap securing the wood brace to the front base tube.
5. **Thread the height adjustor to its lowest position.** Diagram 4, #2 and #3. Remove the height adjustor from the Hardware kit. Ask an assistant to lift the front base tube while you insert the height adjustor. Turn the height adjustor so that the threads appear inside the base tube. Tighten the nut (with a crescent wrench) when the height adjustor is fully threaded into the front base tube.

Note: On page 15, Diagram 9 the supportive block appears as a flat block. It is actually wedge-shaped.

Quick Steps to Working Out

On page 25 (step 8), a reference is made to distance-based courses. Please note that there are no distance-based courses on the EFX5.23. Any references to distance-based courses should be disregarded.